## FORGING THE FUTURE:



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## Friday FACTS



24 February 2006

"Leadership, Partnership, and Championship'

Message from COMSECONDFLT Provides Briefing for Senior Enlisted Leaders to Provide a Strong and Complete Understanding of Modified Physical Fitness Standards and the Instruction that Governs Them

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FM COMSECONDFLT
TO NAS BRUNSWICK ME
SUBASE NEW LONDON CT
INFO COMFLTFORCOM NORFOLK VA
COMNAVREG NE GROTON CT
COMNAVPERSCOM MILLINGTON TN//PERS676//
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THIS IS AN ALSECONDFLT UNNUMBERED MESSAGE MSGID/GENADMIN/COMSECONDFLT/-/FEB//

SUBJ/CPO TRAINING//

POC/KULTTI/CNOCM/-/-/TEL:(757)544-3445/KULTTID@SECONDFLT.NAVY.MIL// GENTEXT/REMARKS/1. AS WE PROGRESS IN OUR "CULTURE OF FITNESS". IT IS IMPORTANT TO ENSURE THAT ALL SENIOR ENLISTED LEADERS HAVE A STRONG AND COMPLETE UNDERSTANDING OF OUR RECENTLY MODIFIED PHYSICAL FITNESS STANDARDS AND THE INSTRUCTION THAT GOVERNS. ADDITIONALLY, IT IS IMPORTANT FOR OUR PERSONAL READINESS BRANCH OF MPT&E TO BE IN TOUCH WITH THE DECK-PLATE LEVEL LEADERSHIP SO THAT THEY CAN HEAR DIRECTLY FROM THE FLEET WHAT CHALLENGES AND BARRIERS TO THE SUCCESS OF THIS PROGRAM MAY BE. IN SUPPORT OF THE ONGOING EFFORTS TO COMMUNICATE TO THE FLEET JUST EXACTLY WHAT IS HAPPENING IN OUR NAVY ON THE ABOVE TOPIC, BRIEFINGS FOR ALL AREA CHIEF, SENIOR, MASTER AND COMMAND MASTER CHIEF PETTY OFFICERS WILL BE CONDUCTED BY THE PERSONAL READINESS BRANCH OF MPT&E SENIOR ENLISTED LEADER CMDCM(SS) ROB DANIELSON. EACH SESSION WILL CONSIST OF AN APPROXIMATE 50 MINUTE BRIEFING FOLLOWED BY A ONE HOUR Q&A SESSION. 2. BRIEFINGS WILL BE CONDUCTED IN THE FOLLOWING LOCATIONS AT THE INDICATED TIMES:

A. NAVAL AIR STATION BRUNSWICK: 27 FEB 2006 AT 0900 - 1100 AT THE NAR DRILL HALL (POC CMDCM DON HOLMAN DONALD.HOLMAN@NAVY.MIL). B. NAVAL SUBMARINE BASE NEW LONDON: 28 FEB 2006 AT 0900 - 1100 AT DEALY CENTER(POC CMDCM JOHN KETCHAM JOHN.KETCHAM1@NAVY.MIL). 3. TOPIC BRIEFINGS IN OTHER FORCE CONCENTRATION AREAS TO BE ANNOUNCED SEPCOR.

4. ALL AREA CPO'S ARE INVITED AND ENCOURAGED TO ATTEND.//

BT NNNN











Crews Into Shape

## Got "Crews into Shape" Challenge Questions?

This question is regarding getting points for team members submitting Weekly Worksheets on time...

<u>Question:</u> During the 4-week challenge, there are 4 points possible per crew member for turning in their "Individual Weekly Worksheet" to the Crew Leader on time each week (i.e. by the deadline set by the Crew Leader) – that's 1 point per person per week. (NOTE: Crew leaders do not send weekly reports to NEHC). How are these points included in a Crew Member's total points? How are they counted in the overall Crew score?



<u>Answer:</u> The <u>Crew Worksheet</u> contains 4 columns (n1, n2, n3, n4) to capture these points. Each week, Crew Leaders enter "1" for each Crew member who submits their "Individual Weekly Worksheet" on time, and enters "0" for those who are late.

The Crew Worksheet also does all of the math, and displays the final Crew score in box "w".

At the end of the challenge (but before 8 April), Crew Leaders e-mail their completed Crew Worksheet to: crews\_into\_shape@nehc.mar.med.navy.mil, and then all scores of all Crews are posted on the Crews website.